Size chart

SIZING CHART

EUR0	36	37	38	39	40	41	42	43	44	45	46	47	48
UK/AU	3	4	5	6	6.5	7	8	9	10	10.5	11	12	13
US MEN	-	-	-	-	-	8	9	10	11	11.5	12	13	14
US WOMEN	5	6	7	8	8.5	-	-	-	-	-	-	-	-

Special features



Flexible Anti-Perforation midsole

Extremely flexible anti-perforation midsole made of ceramic coated fibres, light, antimagnetic, thermally insulating.



Recycled materials used

These products incorporate recycled and sustainable materials in the construction of the footwear.



BreathActive

Multi-layer functional lining for increased breathability through microchannel system, rapid absorption and release of moisture.



Puma Power Plate

The POWER PLATE supports the stability of the entire foot, increases the energy return effect of the IMPULSE.FOAM® midsole and supports with every step the natural rolling movement of the foot.



Anti-fatigue technology

The innovative IMPULSE.FOAM® antifatigue midsole reacts to each step with an energy impulse. It provides maximum cushioning, excellent stability and long lasting comfort.



EFFECT.FOAM

Provides excellent cushioning, up to 60% energy return and 47% less impact on bones and joints providing all day comfort and stability.



PUMA EVA cushioning pad

The EVA cushioning pad integrated in the heel area ensures optimum shock absorption during ground contact.



PUMA gelCELL

Soft cushioning system directly embedded in the heel, providing essential shock absorption plus energy return.



PUMA idCell

The idCell element embedded in the heel area consists of a very soft sponge EVA midsole which absorbs impacts and shocks when the heel strikes the ground.